

Build Confidence &  
Basketball Knowledge

## CLINIC SATURDAYS

Sept 24th - Dec 3rd, 2016  
(October 29th - Days off)

### TIMES & AGES (BOYS ONLY)

11am-12:30pm (10-12 years old)  
12:30pm-2pm (13-15 years old)  
2pm-4pm (15-18 years old)

### LOCATION

P.S 87  
160 West 78th street, NY NY  
Between Amsterdam Ave & Columbus Ave

### FEES

10-weeks \$700 (*Best Value*)  
5-weeks \$400  
Pay-as-you-go \$85 per session

### SESSION INCLUDES

Skill Specific Drills  
Full Court Games  
Analysis of Game Situations  
Leadership Seminar

BOYS & GIRLS

## HIGH 'N SOFT Shooting Clinic

### SUNDAYS

Sept 25th - Dec 4th, 2016  
(Oct 30th- Days off)

### TIME & AGES

10:00AM-11:30AM (7th Grade & under)  
11:30am-1pm (8th grade & up)

### LOCATION

P.S 87  
160 West 78th street, NY NY  
Between Amsterdam Ave & Columbus Ave

### FEES

10-weeks \$650 (*Best Value*)  
5-weeks \$400  
Pay-as-you-go \$85 per session

### SESSION INCLUDES

Breaking the Jump-Shot into a Science  
Spot up & Step Back Jump Shots  
Plus Much More



Our program will instill our key core tenets of:

**Grit, Determination, Confidence, Respect, and Loyalty.**

As students and mentors of the game, our goal is to inspire your children to remain humble, have respect for themselves as well as their peers while providing them with the right tools to succeed in all aspects of their lives.



### Coaches

**Ray Abellard, Dre Murray, and Jessen Cadet**

Ray & Dre have extensive experience in coaching and developing skills for all levels of basketball. Together they will instruct all players. Both Ray & Dre attended college:

**Ray** played at the University of Central Florida where he once led the nation in 3-point field goal percentage from 2001/2002.

**Dre** at St. John's University.

**Jessen** is a Crunch Gym Professional Trainer. Certified in NCCPT, NFPT, CES, and CPR certified.

Their establishment in 2008, 11 student-athletes entering their Freshman year of high school has participated on the Varsity basketball level. In the past 5 years out of 11 student athletes, 5 of them have made 1st or 2nd All-League team and 4 have accomplished MVP honors. In addition to many successful accolades, A&M has produced five 1,000 point scorers.

**Ray Abellard** ray.abellard@anmsports.net 646.673.7367  
**Dre Murray** andre.Murray@anmsports.net 917.929.6063

A&M Sports Academy is a **not-for-profit 501(C)3 organization**. Fees do not cover the full cost of operations. Please consider making a tax deductible donation towards scholarships for student athletes and general operating cost. Only checks written to A&M Sports Academy can be accepted as payment